

Winter learning at home.

Winter can be an intentional learning experience for young children. It poses an opportunity to engage in long conversations. From weather changes to cooking experiences; winter is an inviting time of the year. If you take a moment and think about it, it may be the perfect time to talk to your children about family traditions, a significant moment in history, or just a funny story from your



childhood. The simple smell of delicious soup cooking on the stove, the sound of raindrops outside the window, and the warm and cozy blanket covering your arms while reading a story.....it is just a meaningful moment that you could make memorable by engaging with your child. Here are some ideas:

Kitchen: Make a simple recipe, name, and measure the ingredients, you can talk about solids and liquids while preparing the dish. Write your own recipe, try it! Even if it doesn't taste as you expected, talk to your child about what can you do differently next time. Set up the table, count the number of utensils, and sort them.

Outdoors: Talk about changes in the environment. Have a discussion about the differences and similarities in trees' foliage. Take advantage of rainy days and talk to your child about precipitation, including thunders and lightening, they always want to hear stories about that, and you can extend the experience by having a flashlight night, talk about shadows, stars, etc. Look for insects, if you can't see them, talk about how they hibernate during winter to stay away from the freezing cold.

Bedroom: Organize the closet! Yes, your child can help you sort clothes and shoes by sizes, colors, and textures. Bedtime stories are great opportunities to ask questions about the story. Ask your child to change the characters, the ending of the story, or encourage them to retell the story, it is a great language exercise.

Bathroom: Time for bubbles! Bubbles are great as a sensory activity, you can introduce new words such as sphere or transparent, you can pop bubbles and count them, read a story about bubbles, etc. Add foam shapes to the bathtub and count them, name them, sort shapes :) Adding foam letters, or animals (and encouraging conversations) are great learning moments for your children!

"Imagination is more important than knowledge." – Albert Einstein.

Visit our webpage:

Mariateresaruiz.com

